

Michael F. Easley
Governor



State of North Carolina
Office of the Governor

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**GOV. EASLEY DELIVERS THREE-MILLIONTH MEAL FOR FORSYTH COUNTY'S
MEALS-ON-WHEELS PROGRAM**

RALEIGH – Gov. Mike Easley today delivered the three-millionth meal for Meals-on-Wheels of Forsyth County to Winston-Salem resident Vennie Suber. Easley delivered a lunch consisting of roast beef with gravy, mashed potatoes, green beans, a wheat roll, cookies, an apple and milk.

“More than 700 homebound seniors, like Ms. Suber, receive good, nutritious meals from the Meals-on-Wheels program,” said Easley. “It is one of the oldest home-delivered meal programs in the nation and I would like to thank the volunteers and staff that work every day to serve their communities.”

Meals-on-Wheels began delivering hot meals to the elderly in Forsyth County in 1962. Meals-on-Wheels clients are unable to prepare meals for themselves due to age limitations, illness or disability. More than 1,300 community volunteers deliver hot meals five days a week throughout Forsyth County via a network of 54 routes.

“It is truly a cause for celebration that volunteers in Forsyth County have knocked on the doors of homebound seniors three million times since 1962 to deliver not only food and nutrition, but also a smile, conversation and vital community contact,” said Richard Gottlieb, president and CEO of Senior Services Inc. “With the elderly population growing rapidly and a larger Senior Services Center scheduled to open in early 2006, we look forward to delivering the four millionth meal.”

Individuals, churches and foundations provide funding for about half of the meals delivered each year. Federal, state and local governments provide funding for the other half. Meals-on-Wheels of Forsyth County is managed by Senior Services Inc., a private, nonprofit group that enables the elderly to live in their own homes for as long as possible while also maintaining their dignity.

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